



Variations in Health 2 - PPNP 113

Practical Nursing Program

Course Outline

COURSE IMPLEMENTATION DATE:	January 2013
OUTLINE EFFECTIVE DATE:	March 2023
COURSE OUTLINE REVIEW DATE:	September 2028

GENERAL COURSE DESCRIPTION:

This course focuses on pathophysiology as it relates to the aging process and selected chronic illnesses. The main focus is on the care of older adults experiencing a health challenge. Cultural diversity in healing practices will be explored as well as evidence informed research and practice.

Program Information: This course is one of seven courses required in Level 2 of the Practical Nursing program. Satisfactory completion of this course is required to progress to the next level.

Delivery: This course is delivered face to face.

COTR Credits: 3

Hours for this course: 45 hours

Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	45
Seminars / Tutorials	
Laboratory / Studio Hours	
Practicum / Field Experience Hours	
Other Contact Hours	
Total	45

Practicum Hours (if applicable):

Type of Practicum	Duration
On-the-job Experience	N/A
Formal Work Experience	N/A
Other	N/A
Total	N/A

Course Outline Author or Contact:

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Signature**APPROVAL SIGNATURES:**

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Department Head Signature_____
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EDCO

Valid from: March 2023 – September 2028

Education Council Approval Date**COURSE PREREQUISITES AND TRANSFER CREDIT:****Prerequisites:** Successful completion of Level 1 courses and PPNP 108.**Corequisites:** PPNP 111, PPNP 112, PPNP 114, PPNP 115, PPNP 116.**Flexible Assessment (FA):**

Credit can be awarded for this course through FA

☒ Yes ☐ No

Learners may request formal recognition for flexible assessment at the College of the Rockies through one or more of the following processes: External Evaluation, Worksite Assessment, Demonstration, Standardized Test, Self-assessment, Interview, Products/Portfolio, Challenge Exam. Contact an Education Advisor for more information.

Transfer Credit: For transfer information within British Columbia, Alberta and other institutions, please visit <http://www.cotr.bc.ca/Transfer>.

Students should also contact an academic advisor at the institution where they want transfer credit.

Prior Course Number: PNUR 203 ⇨⇨ PPNP 113**Date changed:** September 2012

Textbooks and Required Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

deWit, S. C., Stromberg, H. K., & Dallred, C. V. (2023). Medical-surgical nursing: Concepts and practice. (5th ed.). Elsevier Saunders.

Eliopoulos, C. (2022). Gerontological nursing. (10th ed.). Lippincott Williams & Wilkins.

Potter, P. A. & Perry, A. (2019). Canadian fundamentals of nursing. (6th ed.). Elsevier Canada.

Vallerand, A. & Sanoski, C. (2023). Davis's Canadian drug guide for nurses. (18th ed.). F.A. Davis Company.

Please see the instructor's syllabus or check COTR's online text calculator <https://textbook.cotr.bc.ca/> for a complete list of the currently required textbooks.

LEARNING OUTCOMES:

Upon the successful completion of this course, students will be able to

- explain the pathophysiology of common chronic illness related to the aging process;
 - describe the nursing management of illness associated with aging;
 - identify altered presentations of illnesses in older adult clients;
 - identify common mental health challenges and mental illness experienced by older adults (e.g., differences between normal aging and symptoms of a mental illness in older adults);
 - give examples of diversity in traditional healing practices in management of chronic illness;
 - describe how evidence-informed practice impacts nursing care of older adults;
 - identify holistic healing practice associated with chronic illness; and
 - explain the influence of culture and cultural competency in health and healing.
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COURSE TOPICS:

- Physiological changes in the older adult contributing to disease and illness
- Recognition and presentation of common disease and illness in older adults
- Nursing management of disease and illness for the older adult according to body systems
- Nursing management includes: assessment (holistic assessment, data collection including lab values and diagnostics); pharmacology; identification of real/potential problems – nursing diagnoses; planning of specific nursing interventions; implementing culturally safe care; evaluation of care; collaborating with other members of the Health Care Team; health promotion; client teaching.
- Therapeutic interventions and treatments
- Traditional healing practices
- Introduction to diagnostics
- Evidence informed research and practice

See instructor syllabus for the detailed outline of weekly readings, activities and assignments.

EVALUATION AND ASSESSMENT:

Assignments	% Of Total Grade
Exam #1	20%
Exam #2	20%
Exam #3 (final, comprehensive)	30%
Group Presentation	<u>30%</u>
Total	100%

No rewrites will be granted for any assignments or exams within this course.

Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments and use of electronic aids.

EXAM POLICY:

Students must attend all required scheduled exams that make up a final grade at the appointed time and place.

Individual instructors may accommodate for illness or personal crisis. Additional accommodation will not be made unless a written request is sent to and approved by the appropriate Department Head prior to the scheduled exam.

Any student who misses a scheduled exam without approval will be given a grade of "0" for the exam.

COURSE GRADE:

Course grades are assigned as follows:

Grade	A+	A	A-	B+	B	B-	C+	F
Mark (Percent)	≥ 95	94-90	89-85	84-80	79-75	74-70	69-65	< 65

ACADEMIC POLICIES:

See www.cotr.bc.ca/policies for general college policies related to course activities, including grade appeals, cheating and plagiarism.

COURSE CHANGES:

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment and marketing needs. The instructor endeavours to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.

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